

How to throw a microgreens event

- Before the event:
 - Order seeds online.
 - If you're expecting more than 30 people, spring for ¼ lb. Otherwise, an ounce should do!
 - I got mine from Johnny's seeds (<http://www.johnnyseeds.com/vegetables/microgreens/microgreen-mixes/mild-micro-mix-microgreen-seed-2566.html?cgid=micro-green-mixes#start=1>)
 - You can also get them other seed catalogues online or even on Amazon
 - Check out your local garden center, they might sell seeds!
 - Figure out where you're getting your dirt.
 - Ordering dirt online isn't great- it's heavy and shipping costs will be high
 - Check out your local garden center (Lowe's or an independently owned one!)
 - You either want "potting mix" or "seed starting mix." These are lighter than regular soil and will retain more moisture.
 - They do sell organic mixes- you just have to look for them!
 - You don't need much. A bag anywhere from 16-32 quarts should do.
 - Other things you need to get:
 - If you're having people take the dirt/seeds with them to plant on their own
 - Quart or gallon sized resealable bags for soil
 - Tiny resealable bags for seeds
 - Decide if you want people to bring their own recyclable containers (such as old yogurt cups, cardboard egg cartons, chipotle bowls, any other container with a hole poked in the bottom). If not, gather some up to distribute
- Day of the event:
 - If you're having people take the dirt/seeds with them to plant on their own
 - Pour seeds into tiny resealable bags
 - Portion out dirt into larger resealable bags
 - Print enough "How to Grow Microgreens" sheets for everyone to reference as their plants grow
 - Print some "Tiny Things" to distribute to people to direct them to the Local Food page
- During the event:
 - Be ready to explain what microgreens are, how to plant them, and what you can do with them once they're ready to harvest
 - Have fun!
- Questions? Send me an email at msasso@nd.edu